



**July 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities can be changed or canceled at any time</p>				<p>1 9:45am Sit &amp; Be Fit - Patio Manor 1:30pm Library Mobile Cart</p> 	<p>2 9:45am Sit and Be Fit 10:30am Sing your hearts away! Music book provided 1:30pm Popsicles on the Patio</p>	<p>3</p> 
<p>4</p> 	<p>5 1:30pm Bingo with Linda B</p>  <p>Staff Holiday</p>	<p>6 9:45am Sit and Be Fit 10:30am Puzzle Mania 2:00pm Music Performance with Butch Grenell</p> 	<p>7 9:45am Sit and Be Fit 10:30am Left Right Center Manor 1:30pm Nail Care</p>	<p>8 9:45am Sit and Be Fit 10:30am Bean Bag Toss Loft 1:00pm St Patricks Communion</p>	<p>9 9:45am Exercise (Ch 2) 1:30pm Bingo with Linda B</p> 	<p>10</p> 
<p>11</p> 	<p>12 9:45am Sit and Be Fit 10:30am Craft: Flower Tree 2:00pm Read a chapter from your favorite book on the patio! Lemonade served!</p> 	<p>13 9:45am Sit and Be Fit 10:30am Resident Council: Prize drawing for attendance! 1:30am Doggie Hugs with Mattie</p> 	<p>14 9:45am Sit and Be Fit 10:30am Nail Care 1:30pm Bingo Manor</p>	<p>15 9:30am SL Farmers Market (Must be signed up) 1:00pm St Patricks Communion Loft</p>	<p>16 9:45am Sit and Be Fit 10:30am Knifty Knitters 1:30pm Bingo</p> 	<p>17</p> 
<p>18</p> 	<p>19 9:45am Sit and Be Fit 10:30am Bring your favorite food recipe and the history behind it! 1:30pm Bingo</p>	<p>20 9:45am Sit and Be Fit 10:30pm Doggie Hugs with Mattie 1:30pm Bake Sale</p> 	<p>21 9:45am Sit and Be Fit 10:30am Learn Sign Language with Linda 1:30pm Nail Care Manor</p>	<p>22 9:45am Sit and Be Fit 10:30am Meditation 1:00 pm St Patricks Communion Loft</p>	<p>23 9:45am Exercise (Ch 2) 1:30pm Bingo w/ Linda</p> 	<p>24</p> 
<p>25</p> 	<p>26 9:45am Sit and Be Fit 10:30am Bingo 1:30pm Walking &amp; Ice Tea Loft</p> 	<p>27 9:45am Sit and Be Fit 10:30am Twister with a Twist 1:30pm Doggie Hugs with Mattie Manor</p> 	<p>28 9:15am Trip to Dollar Store (Must be signed up) 1:30 pm Nail Care</p> 	<p>29 9:45am Sit and Be Fit 10:30am Cooking Class: Make fudge in a bag with Gina 1:00pm St Patricks Communion</p>	<p>30 9:45am Sit and Be Fit 10:30am Bingo 3:15pm Music by Al Mahan from Tennessee</p> 	<p>31</p> 